

Fitness Training Licences

Bromley Parks are used by people of all ages and of different fitness levels as part of a healthy lifestyle, from lunchtime joggers to those who are fitness fanatics.

Being a licensed fitness operator gives you the exciting opportunity of undertaking fitness activities in some truly unique environments.

If you wish to use the parks for personal training or to run group fitness sessions you must be licensed. We licence operators to ensure that:



- Able to access and use public open space that is preserved for all visitors.
- Park visitors can benefit from, enjoy and engage in fitness training in a variety of outdoor environments.
- Fitness operators hold appropriate qualifications (based on industry best practice), and are fully insured and hold liability for participant's safety.

The parks which you would be licenced for in Bromley are below:

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|--|----------------------------------|----------------------------------|
| - Chelsfield Green | - South Hill Woods | - Crystal Palace Park |
| - Hayes Common | - Biggin Hill Recreation Ground | - Croydon Rd Recreation Ground |
| - Jubilee Park | - Farnborough Recreation Ground | - Elmers End Recreation Ground |
| - Keston Common | - Glentrammon Recreation Ground | - Blake Recreation Ground |
| - Scadbury Park | - Goddington Park | - Cator Park |
| - St Pauls Wood Hill Recreation Ground | - Hoblingwell Recreation Ground | - Martins Hill Recreation Ground |
| - Well Wood | - Norman Park | - Mottingham Recreation Ground |
| - Alexander Recreation Ground | - High Elms Country Park | - Penge Recreation Ground |
| - Betts Park | - St Mary Cray Recreation Ground | - Queensmead Recreation Ground |
| - Church House Gardens | - Whitehall Rec | - Shaftesbury Park |
| - Kelsey Park | - Chislehurst Recreation Ground | |
| - Coney Hall Recreation Ground | | |
| - Harvington Recreation Ground | | |

Fees (12 Months)

2 or less clients

No charge

3-10 clients

1 x session per week £200+VAT

2 x sessions per week £300+VAT

11-20 clients

1 x session per week £400+VAT

2 x sessions per week £500+VAT

21 -30 clients

1 x session per week £600+VAT

2 x sessions per week £700+VAT

Our Current certified instructors are:

Sevenoaks Bootcamp Ltd

Guardian Fitness

Fitfun Bootcamp

Military Fitness Ltd

Bethaney Phillips

Stephen Lambert

Pro Impact Fitness Ltd

TAG Fitness

Pro Impact Fitness Ltd

Knights Fitness

Miracle Fitness Bootcamps

The Fitness Link

Note that if your instructor isn't on this list, then they are not certified and potentially an unqualified fitness instructor