

Fitness Training Licences

Bromley Parks are used by people of all ages and of different fitness levels as part of a healthy lifestyle, from lunchtime joggers to those who are fitness fanatics.

Being a licensed fitness operator gives you the exciting opportunity of undertaking fitness activities in some truly unique environments.

If you wish to use the parks for personal training or to run group fitness sessions you must be licensed. We licence operators to ensure that:



- Ability to access and use public open space is preserved for all visitors.
- Park visitors can benefit from, enjoy and engage in fitness training in a variety of outdoor environments.
- Fitness operators hold appropriate qualifications (based on industry best practice), and are fully insured and hold liability for participants' safety.

The parks which you could opt to be licenced for in Bromley include:

- | | | |
|--|----------------------------------|----------------------------------|
| - Chelsfield Green | - Biggin Hill Recreation Ground | - Croydon Rd Recreation Ground |
| - Hayes Common | - Farnborough Recreation Ground | - Elmers End Recreation Ground |
| - Jubilee Park | - Glentrammon Recreation Ground | - Blake Recreation Ground |
| - Keston Common | - Goddington Park | - Cator Park |
| - Scadbury Park | - Hoblingwell Recreation Ground | - Poverest |
| - St Pauls Wood Hill Recreation Ground | - Norman Park | - Havelock Recreation Ground |
| - Well Wood | - High Elms Country Park | - Martins Hill Recreation Ground |
| - Alexandra Recreation Ground | - St Mary Cray Recreation Ground | - Mottingham Recreation Ground |
| - Betts Park | - Whitehall Rec | - Penge Recreation Ground |
| - Church House Gardens | - Chislehurst Recreation Ground | - Queensmead Recreation Ground |
| - Kelsey Park | - Crystal Palace Park | - Shaftesbury Park |
| - Coney Hall Recreation Ground | | |
| - Harvington Recreation Ground | | |
| - South Hill Woods | | |

2018 Fees (12 Months)

1 client

No charge

2-10 clients

1-3 sessions per week £200+VAT

4-5 sessions per week £300+VAT

11-20 clients

1-3 sessions per week £400+VAT

4-5 sessions per week £500+VAT

21 -30 clients

1-3 sessions per week £600+VAT

4-5 sessions per week £700+VAT

Sessions are up to 90 minutes. Maximum of one session in the morning, one session in the afternoon on any one day

Our current certified instructors are:

[Sevenoaks Bootcamp Ltd](#)

[Guardian Fitness](#)

[Fitfun Bootcamp](#)

[Military Fitness Ltd](#)

[Bootcamp BR5](#)

[TAG Fitness](#)

[Knights Fitness](#)

[Miracle Fitness Bootcamps](#)

[The Fitness Link](#)

If your instructor isn't on the list and not identifiable, then they are not certified and potentially unsafe to practice as a fitness instructor. Please [contact us](#) for more information.

Please note that we are required to carry out the following checks to ensure you can be fully certified.

- Background Checks known as the Disclosure and Barring Service (DBS) – trainers must supply relevant copies of individual checks if working with children and vulnerable adults.
- Qualifications - copies of Personal Training certification at REPs level 3 or equivalent.
- Insurance and public liability - copies of individual insurance and public liability for the duration of the license period to the value of £5 million.
- Risk Assessment - evidence that all risks have been considered should be included in a risk assessment to mitigate potential risk.
- Emergency / First Aid Plan - evidence that a first aid plan is in place in the event that any accidents occur during the session



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