

## Fitness Training Licences

Bromley Parks are used by people of all ages and of different fitness levels as part of a healthy lifestyle, from lunchtime joggers to those who are fitness fanatics.

Being a licensed fitness operator gives you the exciting opportunity of undertaking fitness activities in some truly unique environments.

If you wish to use the parks for personal training or to run group fitness sessions you must be licensed. We licence operators to ensure that:



- Able to access and use public open space that is preserved for all visitors.
- Park visitors can benefit from, enjoy and engage in fitness training in a variety of outdoor environments.
- Fitness operators hold appropriate qualifications (based on industry best practice), and are fully insured and hold liability for participant's safety.

The parks which you would be licenced for in Bromley are below:

Chelsfield Green  
Hayes Common  
Jubilee Park  
Keston Common  
Scadbury Park  
St Pauls Wood Hill Rec  
Well Wood  
Alexander Rec  
Betts Park  
Church House Gardens  
Kelsey Park

Coney Hall Rec  
Harvington Rec  
South Hill Woods  
Biggin Hill Rec  
Farnborough Rec  
Goddington Park  
Hoblingwell Rec  
Norman Park  
High Elms Country Park  
St Mary Cray Rec  
Whitehall Rec

Chislehurst Rec  
Crystal Palace Park  
Elmers End Rec  
Blakes Rec  
Cator Park  
Martins Hill Rec  
Mottingham Rec  
Penge Rec  
Queensmead Rec  
Shaftesbury Park

### Fees (12 Months)

#### 2 or less clients

No charge

#### 3-10 clients

1 x session per week £200+VAT  
2 x sessions per week £300+VAT

#### 11-20 clients

1 x session per week £400+VAT  
2 x sessions per week £500+VAT

#### 21 -30 clients

1 x session per week £600+VAT  
2 x sessions per week £700+VAT

Our Current certified instructors are:

**Sevenoaks Bootcamp Ltd**  
**Guardian Fitness**  
**Fitfun Bootcamp**  
**Military Fitness Ltd**  
**Bethaney Phillips**

**Stephen Lambert**  
**Pro Impact Fitness Ltd**  
**TAG Fitness**  
**Pro Impact Fitness Ltd**  
**Knights Fitness**

**Miracle Fitness**  
**Bootcamps**  
**The Fitness Link**

Note that if your instructor isn't on this list, then they are not certified and potentially unqualified fitness instructor